



**PURLEY CHURCH OF ENGLAND
PRIMARY SCHOOL**

This guide was written in conjunction with our pupils during Anti Bullying week

What is bullying?

"In our school, we understand bullying to be when someone or a group of people hurt someone's body or feelings over and over again on purpose"

The acronym 'STOP' can help us to identify bullying:

Several
Times
On
Purpose

Another way we described this was: "repetitive meanness".

Bullying can be:

Racism- judging people by their skin colour or where they are from

Discrimination - treating people who have different needs badly

'Silent treatment' - not talking to someone or ignoring them on purpose

Physical- hurting someone on purpose many times

Using language or gestures to tease someone

Cyber- using online tools to contact someone and bother them

Sexist- making fun of someone's gender

Bullying is NOT:

- when friends argue or fall out
- fighting
- when accidents hurt or upset

If you are worried about bullying, you should:

- Remember it is not your fault
- Try not to react in the moment, and walk away calmly
- Tell a teacher or an adult you trust straightaway
- Or tell a friend who will help by going to an adult with you
:“See it, say it, sorted”

Remember it may not stop straight away- make sure you tell a trusted adult if it happens again

If you see someone being bullied, you should:

- SAY SOMETHING!
- Tell the bully to stop
- Tell a teacher or an adult you trust straightaway
- Help the person who is being bullied
- Show or tell the bully that you don't like what they are doing, for example saying

'STOP!' loudly or suggesting that the other person or people walk away

- Ask the bully why they are doing what they are doing

Who can you speak to?

- Your friends
- Anyone you trust
- Teachers and teaching assistants
- Office and kitchen/lunch staff
- Siblings or cousins
- Adults at home

If you would prefer to talk to someone that you don't know you can

also call **0800 1111** or visit childline.org.uk/kids

If you tell someone but you are still not happy with what is happening, tell someone else. Don't give up!

What will school do?

- We will listen to what is happening and take it seriously
- We will listen to all the children involved and offer support to both the target and those showing the bullying behaviour
- We will not accept bullying in our school :
"Bullying is not welcome here!"
- We will communicate with and work with the family of those involved
- We will keep working until everyone feels safe
- We will help repair the damage and choose appropriate consequences for people's actions

Consequences:

These will depend on the type of bullying or how long it has been going on (see our Mental Health & Behaviour Policy)

- Warnings
- Talk to the family of the bully
- Loss of break or lunch time
- An opportunity to reflect on their actions- including work/task linked to restorative behaviours

Let all that you do be done in love

1 Corinthians 16:14